



*Providing a foundation for lifelong growth*

## September 2018 Parent Newsletter

What a fun summer! The Teddy Bear Picnic, Sportball days, and countless trips to parks, special outings and picnics for all our little learners! It was wonderful to see all of New Dimensions Providers making the most of our summer months. Now we're on to Autumn and all its beautiful colours, cooler temperatures, and swirly, whirly windy days! There will be lots of new routines to build – have patience, everyone will settle in just right in a few weeks! Please remember that our Autumn weather can change quickly! Please ensure you pack clothing for all types of weather! 😊

**WELCOME** to our new Providers!

Erin. – Clearview Ridge. Many of you met Erin at the Teddy Bear Picnic – she was our storyteller and Circle Time leader.

Bekki – Welcome back to Bekki in Kentwood!

Crystal – A big hello to Crystal in Deer Park!

### **Allowable days for September – 19 Child Care Fees are due Sept. 5 to avoid late payment charges**

**Medication Policy** – For your information the following procedures are required in family day home:  
MEDICATION / HERBAL REMEDIES

The medication policy outlined below refers to both prescription and non-prescription (over-the-counter) medications as well as herbal remedies.

**All medications must be locked up**, excluding emergency medication (such as an EpiPen®) that must be stored in an area that is inaccessible to children.

#### Administering Medication

The administration of any medication to children in Family Day Homes is discouraged, particularly over-the-counter or non-prescription drugs.

However, when medication/herbal remedies are required Providers may administer only with the written permission of a Parent or Guardian. This written permission must be given each day prior to the administering of the medication. Parents are required to provide information in writing to providers about when medications and herbal remedies were given to the child prior to arriving at day home.

The specific time and dosage is required. “If needed”, “before lunch”, etc. are not acceptable time frame.

Where medication is to be given only in the presence of specific symptoms, these symptoms must be listed. For example, the parent may indicate that 1 tsp of Tylenol is to be administered “at 12:00 p.m. if child has a fever of 38 C or higher.”

All medications must be in the original container with the original label. Medication must be administered according to the label directions.

All prescribed medication must be labeled with the following: physician's name, patient's name, date of issue, instructions, dosage and time period.

In the case of medication required for chronic condition such as asthma, diabetes, severe allergies, etc. Parents must supply the Provider with a covering letter from the child's physician. When emergency medications are used to treat allergies, the Provider must be able to recognize the allergy symptoms and know how and when to administer the medication. Emergency medications must be available for the child at all time, including on outings.

In all cases where medications are administered, the Provider must record:

Name of medication

Time and dose administered

Initials of the person who administered the medication

Providers must record all above details on the "Authorization of Medication and Herbal Remedies" (located on backside of Child Attendance Record) supplied by New Dimensions. This also applies to medication that has been authorized by a covering letter from the child's physician.

Providers should observe children carefully for allergic reactions after receiving medication or herbal remedies.



*Medication safety for your child - Yet another reason to be glad you chose licensed family day home for your child!*

### **Special Meeting**

We are offering a workshop to Parents and Providers on the topic of Gender Diversity, delivered by the Skipping Stone Foundation out of Calgary. It is Sat. Sept. 8, 2018, from 9:30 to Noon, in the Snell Auditorium at the downtown library. Please call us at 403-346-0888 if you would like to attend!



Our WOW Award this month goes to Farzana! Congratulations!

**Parent Advisory Committee** – Are you interested in how policy and practice is developed? Would you like to have influence on our Accreditation goals? We would love to have your input! Please call Stella and let her know you're interested in joining this committee!



### **Did you know...?**

Back to school can be a very expensive time of year, especially for those already financially struggling!

Thankfully, there are several places parents can go in Red Deer if they need fee assistance with activities for their children to access healthy active play opportunities, through the City of Red Deer's Fee Assistance Program, Canadian Tire's Jumpstart Program and Red Deer Kidsport! Assistance can be applied to a variety of programs including Sportball, City-sponsored programs, some hockey programs, among others! Talk to the program of interest to see if they participate in these assistance programs!

[Fee Assistance Program - The City of Red Deer](#) The Fee Assistance Program offers financial support to people who are currently facing some financial challenges and want to use City-operated recreation facilities or take part in City offered Recreation, Parks or Culture programs or activities.

For more information about the city of Red Deer's fee assistance program, go to <http://www.reddeer.ca/recreation-and-culture/recreation/facility-admission-fees--pass-prices/fee-assistance-program/>

For more information about Canadian Tire's Jumpstart program, go to <http://jumpstart.canadiantire.ca/en.html>

And for information about Red Deer Kidsport, please go to <http://www.kidsportcanada.ca/alberta/red-deer/>