



*Providing a foundation for lifelong growth*

## October 2018 Parent Newsletter



October already – and what a cold start! Please be sure to send lots of warm outdoor clothing – mitts, hats, boots and warm jackets are essential, as we go outdoors every day! Thank you for helping us make your child's day one full of fun and learning in all environments!

**Allowable days for October – 22**  
**Child Care fees are due by 4:00 p.m. Oct. 2<sup>nd</sup> to avoid Late Fees.**



Happy Thanksgiving

**Please note, the office will be CLOSED AT NOON on Friday, Oct. 5<sup>th</sup> for the Thanksgiving Long Weekend. We will re-open Tuesday, Oct. 9<sup>th</sup> with regular hours.**

We are very thankful for each and every one of our families – we hope your Thanksgiving weekend is full of happiness and great memories!

We are coming into cold and flu season! Please help us to teach all children the value of handwashing – it is the number one way to stop the spread of infection! Here is the Alberta Health outline of good handwashing practices that we follow in family day home:

Handwashing should include the following:

1. Wet hands with warm water;
2. Lather with soap (preferably liquid hand soap) and thoroughly scrub all parts of the hands and fingers, nails and wrists for at least 20 seconds. Time hand washing with a song like “Twinkle Twinkle Little Star”;
3. Rinse thoroughly with warm water;
4. Dry using a disposable paper towel, throwing it away when finished a single use.
5. Use a separate paper towel to turn off taps, and dispose of it in the garbage.

### **Please Join Us!**

Children's Christmas Party – 

Our Social Committee is busy planning our annual Children's Christmas Party! It will be held at the Dawe Centre, Wed. Nov. 28, from 9:30 a.m. to 11:00 a.m. We hope all of our Providers, children and many family members can join in! More details will be provided in next month's newsletter!



Our WOW Award this month goes to Farzana! Congratulations! Don't forget to nominate YOUR Provider for the great work she does for your child!

**Parent Committee** – We are still searching for Parents that have some time to review our Parent Handbooks to ensure that we are meeting the needs of our clients! If you have a bit of time, we would love to hear from you! As always, if you ever have a suggestion that you think would help the agency deliver even better service, please let us know!

Sharing Corner

No items were submitted this month. Some great science activities can be found at <http://www.sciencekids.co.nz/experiments.html>. A fun way to spend some time together as a family this long weekend!



**Did you know...?**

Thanksgiving, which occurs on the fourth Thursday in November, is based on the colonial Pilgrims' 1621 harvest meal. The holiday continues to be a day for Americans to gather for a day of feasting, football and family. More great information including the origin of Thanksgiving parades, why we have turkey, etc. can be found at <https://www.history.com/topics/thanksgiving>. This can lead to some interesting conversations with your little ones as they learn all about Thanksgiving!

Happy Thanksgiving!