

August 2017 Parent Newsletter



What a beautiful summer!! Hope everyone is getting outside lots, enjoying all that our beautiful Alberta weather has to offer this year!

Fees for August are due by August 2. We accept Mastercard, Visa, Debit, and have options for automatic payments through EFT and credit card. Late payment fees will be applied Aug. 3. Please remember fees increase as of Sept. 1 – please make sure you have signed and updated your contract at the office.

Please remember, monthly invoices are always based on your agency contract – if you need to change the number of days you are using, you must contact the office directly. Your Provider can not make those changes for you.

If you utilize the Alberta Child Care subsidy program, please ensure you check your approval letter for the expiration date of your subsidy, and renew in a timely manner. Full fees will apply where subsidy has expired on an account. Please call us if we can help in any way!

Play and Programming – Ensure you are looking at the written documentation of all of the fun activities your provider has carried out with your children! Our providers work diligently to ensure your child has the best child care experience possible, based on his/her individual interests and abilities. Just one more reason an “approved Family Day Home” is your best choice!



To find out more about the standards and requirements your agency-approved, professional family day home provider follows, go to

<http://www.humanservices.alberta.ca/family-community/child-care-parents-family-day-homes.html>, and

<http://www.humanservices.alberta.ca/documents/accreditation-standards.pdf>.

WOW Award!

This month's WOW award goes to Evelin! Congratulations Evelin! Please remember to nominate your Provider – nominations can be sent to nd@newdimensionsfamilydayhome.com, or simply call us at 403-346-0888 and let us know why your Provider is the greatest!



Did you know??

Dehydration in small children and infants can happen very quickly, especially on hot and humid days. Ensure children always have access to water – ensure each child has their own cup (labelled with their name) whenever they are outdoors, on walks, and even inside at the table, to ensure they are staying well hydrated. Include high-water-content foods in your daily meal planning to help children stay well-hydrated at all times so strenuous activities don't find them in a deficit. In addition to water, fruit, fruit juice, and many vegetables are excellent sources of hydration. Clear soup, especially when made with vegetables, offers an ideal way to get liquid into the diet along with good nutrition.

For more ideas and information, the following links are very helpful.

<http://www.parents.com/kids/safety/outdoor/keeping-kids-hydrated/>

<http://www.babycenter.ca/a557531/dehydration-in-babies>

<https://www.beverageinstitute.org/article/special-considerations-for-children/>

